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Signiture analysis of fetal blood velocity waveforms

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SIGNATURE ANALYSIS OF FETAL BLOOD VELOCITY WAVEFORMS

by

Ronald Soule

A Thesis Submitted in Partial Fulfillment of the Requirement for the

MASTER OF SCIENCE in MECHANICAL ENGINEERING

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August 1999

ABSTRACT

SIGNATURE ANALYSIS OF FETAL BLOOD VELOCITY WAVEFORMS

By Ronald Soule

Thesis Advisor: Professor Mark H. Kempski

Doppler blood velocity waveform analysis is conducted to affect clinical diagnosis. Current analysis codes developed at RIT posses the capability to assess gross hemodynamic parameters such as heart rate, mean pulse velocity, peak systolic velocity and also the beat to beat variability of these parameters. These computer algorithms have, however, lacked the ability to determine hemodynamic indices such as the pulsatility and resistance index as well as the AB ratio. This latter deficiency stems from an algorithmic need to accurately determine end diastolic velocity in every cardiac cycle. The current thesis specifically augments current algorithms to accurately compute end diastolic velocity. The end diastolic velocity, peak systolic velocity and mean pulse velocity determined in each cardiac cycle are then used to compute the various pulsevelocity waveform indices noted above. In addition, the use of end diastolic velocity in conjunction with peak systolic velocity allows the velocity waveform to be dissected into diastolic subsections, which resemble decaying exponential curves. These exponential decay curves will be characterized via curve fitting. The goal ofthis thesis is to assess whether traditional pulsatility indices and/or the decay curve parameters are adequate to assess fetal developmental age between 10-13 weeks gestation. Discrimination assessment is conducted using neural network analysis techniques. Whether entire pulse-

 $\ddot{\mathbf{h}}$

velocity waveforms extracted between successive end-diastolic velocities provides a more robust data set for gestational age discrimination is also explored. The results suggest that hemodynamic indices computed for fetuses between 10 to 13 weeks gestation provide insufficient data for effective neural network classification. Use of the entire pulse-velocity waveform data in neural network analysis showed better fetal gestational age classification than use of waveform indices. However, similarity of waveforms between $10-13$ weeks gestation prevented robust classification using either hemodynamic indices or entire pulse-velocity waveforms based on the fetal data records used for this study.

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Ronald Soule

Dedication

This thesis is dedicated to my parents, who's perpetual encouragement gave me the strength to fulfill my dreams.

and to

Dr. Kempski, the insight and kindness you have shown to me is evident in everything that I succeeded in at RIT.

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Chapter 1 Introduction

1.1 Cardiovascular Malformations

In the United States, eight in every 1000 infants are born with congenital circulatory problems (Clark and Takao, 1990). Throughout development there are numerous occasions for problems to arise, ranging from genetic disorders to environmentally induced malformations. As the fetus develops the heart begins to beat at approximately three weeks of gestation. As the heart continues to pump blood throughout the developing fetus, changes in the organ occur which begin a transition from a single heart tube to a four chambered organ several weeks later (Sissman, 1970). The $10-13$ week of gestation is a critical time of transition when morphometric problems have a greater chance to develop (Clark and Takao, 1990), with ensuing functional consequences later in gestation or postpartum.

A majority of malformations and, perhaps, adult cardiovascular disease occur during morphogenesis (Clark and Takao, 1990). The malformations lead to many atypical cardiovascular problems, which in the extreme cause cardiovascular system failure and fetal death (Clark and Takao, 1990). Hence, early detection of cardiac malformations and or cardiovascular system compromise is essential for proper obstetric care and treatment.

1.2 Velocity Waveform Index Correlation to Disease

The presence of development related cardiovascular malformations in the lategestational fetus can be revealed through Doppler blood velocity waveform analysis (Evans et al, 1989). Specific waveform characteristics may therefore facilitate fetal cardiovascular health assessment. Typical waveform characteristics documented in the literature include peak-systolic velocity, end-diastolic velocity and mean pulse-velocity as well as derived indices such as the pulsatility index (PI), the AB ratio, and Pourcelot's resistance index (RI) which are associated with vascular impedance to flow (Thompson et $al.$ 1986). One of the most common uses for the PI is the evaluation of proximal stenosis in peripheral arteries (Thompson *et al*, 1986), while both the PI and AB ratio have been used to assess peripheral vascular impedance levels (Thompson and Trudinger, 1986). Additionally the PI shows specificity to health analyses of intrauterine growth retardation (Laurin *et al.* 1987), during mid to late gestation.

Routine obstetric fetal monitoring throughout gestation has demonstrated that umbilical artery blood flow velocity is very informative when assessing the presence of increased placental resistance indicative of intrauterine growth retardation and preeclampsia (Surat and Adamson, 1996). In the third trimester of gestation the Doppler velocity waveform shows signs of decreased velocity between the peak-systolic velocity (S) and the end-diastolic velocity (D) (Thompson and Trudinger, 1989). Analysis has depicted that the cardiovascular system of the fetus can adapt to an increased placental resistance through an increase in cardiac contractility (Thompson and Trudinger, 1989).

Clinical obstetric Doppler blood velocity measurements often scrutinize the umbilical artery blood flow velocity because of the robust structure and health condition

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ofthis blood vessel. Structurally the umbilical artery is long and un-branched which precludes the velocity waveform from becoming overly complex due to branching induced pressure wave reflections (Thompson and Stevens, 1989). Another positive aspect of the umbilical artery is that it is free of degenerative diseases, which could bias measurements intended to assess fetal and/or placental function (Thompson and Stevens, 1989). Likewise, invasive procedures are not required on the maternal-fetal pair since the cord is free floating and outside the body of the fetus *in utero* and readily monitored using clinical Doppler sonography techniques.

Routine fetal health evaluations are conducted between 15 to 20 weeks gestation, from 20 weeks to full term, as well as post partum for neonates, using Doppler blood velocity waveform data. In particular, during the third trimester, pregnancy induced hypertension reduces diastolic flow velocity (Thompson and Trudinger, 1989), and thus changes the shape of the Doppler velocity waveform. The analysis of velocity waveform characteristic indices (PI, RI, and AB ratio) have provided quantifiable evidence that these indices correspond to health and disease (Thompson *et al*, 1989). Herein values of the PI have been recorded in the range of 0.5 to 1.5 for normal pregnancies and can be upwards of ³ and higher for abnormal pregnancies (Thompson and Trudinger, 1989).

Furthermore, late gestational Doppler velocity waveform characteristic indices clearly show the presence of various cardiac malformations, which may be detected through altered PI, RI, and AB ratio values from nominal. However not all Doppler velocity waveform characteristic indices are sensitive to the presence of chronic and acute placental insufficiencies (Joern et al, 1997).

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1.3 Thesis Objective

The current study seeks to determine the viability of the PI, RI, and AB ratio indices to assess fetal age and (ultimately) health during early gestation. The study will specifically address weeks 10 through 13 of pregnancy. The majority of work available in the literature has been consumed with the correlation of disease to Doppler velocity waveform indices in the mid to late gestational period (Joern *et al.* 1997). However it is necessary to develop evaluation criteria for early gestational fetuses since early detection is crucial for effective treatment of certain pathologies, including pre-eclampsia and intrauterine growth retardation (Thompson and Trudinger, 1989).

The aim of this thesis is to document whether various Doppler velocity waveform indices applied to fetal umbilical artery waveforms obtained early in gestation can be used to discriminate fetal age during the critical development period between 10 to ¹³ weeks gestation. Placental network functioning undergoes drastic changes following this time frame which will, in a large part, determine whether intrauterine growth retardation and or pre-eclampsia is likely later in gestation (Clark and Takao, 1990). Since waveform indices represent a condensation of velocity waveform time series data, and hence information loss, we will also scrutinize the pulse-velocity waveform. This latter scrutiny will be used to assess whether waveform indices for early gestational fetuses lack specificity for fetal age discrimination versus pulse-velocity waveform analysis.

The long-term aim of our investigation is the formulation of fetal velocity waveform discrimination criteria, which will aid clinical diagnosis of intrauterine growth retardation and pre-eclampsia prone maternal-fetal pairs and subsequent treatment. Our approach will start from scrutiny of a fetal pulse-velocity wave train obtained through

 $\overline{4}$

Doppler sonography records (Kempski *et al*, in review and Ursem *et al*, 1998). Each pulse velocity will be further distilled using descriptive pulse-velocity waveform indices such as the pulsatility index, the resistance index, the AB ratio, and a diastolic decay constant (τ) defined herein. Lastly neural network analysis will be used to assess the age and health discrimination potential of these indices as well as fetal-representative pulsevelocity waveforms between 10 to ¹³ weeks gestation.

Chapter 2 Methodology

2.1 Velocity Waveform Definition and Evaluation

2.1.1 Pulse-Velocity Waveform Definition

To calculate the PI, RI, the AB ratio and the diastolic decay constant (τ) , the enddiastolic velocity (D), the peak-systolic velocity (S) and the mean pulse-velocity (M) need to be ascertained for each velocity pulse (Figure 2.1). The "peak-valley detection" algorithm (PVD) written in LabVIEW (National Instruments, Corporation, Austin Texas) performs these operations to increase speed and accuracy of the calculations, while removing human error in determining the values of the PI, RI, the AB ratio, and the diastolic decay constant (τ) .

In order to select the end-diastolic velocity (D) in each pulse-velocity waveform and disregard all the other points, the velocity waveform is examined from pulse to pulse, sequentially using common "landmarks" for PVD data extraction. The first landmark used by the PVD algorithm is the global mean velocity (M) computed across the entire velocity time series (Figure 2.1). Here \overline{M} represents the average velocity such that individual pulse-velocity waveforms possess peak-systolic values (S) greater than M and end-diastolic value (D) less than \overline{M} . The mean pulse-velocity (M) for any individual pulse-velocity waveform may be either greater than or less than the global mean velocity M . Next the peak systolic velocity (S) in each pulse-velocity waveform is found by using the "mean-crossing points" where the pulse-velocity "crosses" the value defined by the global mean M (Figure 2.1). Such crossings occur on the upward slope and the downward slope of a given pulse-velocity trace as seen in Figure 2.1. Pulse-velocity data

between the "mean-crossing points" are then searched for the maximum pulse-velocity value, thus defining the peak systolic pulse-velocity (S) and its temporal location within the velocity record (Figure 2.1). Once each peak pulse-velocity value is determined, the velocity wave train is re-segmented between every two consecutive systolic peakvelocities in order to determine respective end-diastolic velocity values (D) and their temporal location within the velocity record. However, before the end-diastolic velocity (D) can be found for each pulse-velocity, its definition needs to be established.

Figure 2.1 Plot of two consecutive cycles, describing the extraction of the peak-systolic point.

In each cardiac cycle the heart contracts thereby accelerating the blood flow

velocity at the beginning of each cycle.

Figure 2.2 Depicts a "phasic" scrutiny of a representative pulse-velocity waveform.

Phase ¹ depicted in Figure 2.2 is the distal vascular manifestation of cardiac contraction and initial ejection of blood from the left ventricle. Phase 2, depicted in Figure 2.2 starts at peak-systolic velocity and continues to include the distal vascular manifestations of ventricular relaxation and aortic valve closure. During phase 2 active ventricular ejection ceases, but flow continues due to capacitive discharge in the large arteries distal to the heart. Phase 3 in Figure 2.2 is the distal vascular manifestation of ventricular refilling prior to ventricular contraction during the succeeding cardiac cycle (Marieb, 1991). Therefore according to Figure 2.2 the end diastolic velocity (D) occurs at the juncture between phase ¹ and phase 3. Thus D is the point where one cardiac cycle ends and the next begins.

The calculation of the end diastolic velocity (D) is attained in four steps. The first is the acquisition of pulse-velocity waveform data between successive peak-systolic velocities as shown in Figure 2.3. Step 2 invokes algorithm sub-routines to determine which points of the pulse-velocity waveform have a slope of $-1 \le m \le 1$, which are calculated from the first derivative of the pulse-velocity waveform. Next the second

Figure 2.3 Plot describing the search criteria for the end-diastolic velocity (D). The points represented by $\left(\bullet\right)$ indicate where in the fetal record the data has point-wise slopes (m) in the range of $-1 < m < 1$ or $-1 > m > 1$.

derivative is calculated and only the concave-up data region preserves its velocity value. And all other data that does not meet both the slope and curvature criteria are reset to zero as indicated by $\left(\bullet\right)$ in Figure 2.3. The final step in the end-diastolic pulse-velocity determination is to perform a backward search from S_{i+1} to S_i locating the first non-zero value, which is taken as the end-diastolic velocity (D_i) between these respective pulsevelocities (see Figure 2.3).

The mean pulse-velocity (M) can then be calculated by averaging all the values between two consecutive end-diastolic points. Once the three essential pulse-velocity landmark values S, D, M, and their respective temporal location within the data record are found, the pulse velocity waveform indices can be calculated as described in Section 2.2.

2.1.2 Average Pulse-Velocity Waveform Definition

As noted above, the PVD algorithm has the ability to decompose a pulse-velocity time series into a pulse-velocity train. Here each pulse-velocity can be scrutinized in order to determine pulse parameters S, D, and M and the pulse indicies noted in Section 2.2. Since a given fetal velocity record may be composed of several dozen consecutive pulse-velocities (Figure 2.4), statistical analysis of the pulse-derived indices would be necessary to yield a "fetal-average" value for the respective indices such that fetal-to-fetal comparisons may be subsequently performed.

A different approach to analysis is to extract each individual cardiac cycle and average pulse-velocity points in the extracted data to compile an average cardiac cycle that is characteristic of the entire fetal pulse-velocity wavetrain (Figure 2.4).

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For example the first point in each pulse is averaged with the first point in the second pulse and so on until all the points are averaged for each cycle. Hence the entire family of pulses (Figure 2.4) for a given fetus would be condensed to a single representative average pulse-velocity" of the entire fetal velocity record (Figure 2.5).

Time (sec)

Figure 2.4 Plot of multiple consecutive velocity pulses.

Figure 2.5 Plot of an averaged pulse-velocity calculated from multiple velocity pulses.

This allows all the information contained in a pulse-velocity wave train to be represented by one average pulse-velocity. The PVD algorithm may then determine the average pulse-velocity parameters S, D, and M for use in comparing fetal representative velocity waveform indices. Likewise the average pulse-velocity may be used in toto for comparison between fetuses (to be discussed below). Note that individual pulsevelocities may not be of equal temporal duration (i.e. unequal number of pulse-velocity data points) due to the variable nature of fetal heart rate. Hence, when computing the average pulse-velocity, individual pulse velocity waveforms were truncated in duration to equal the shortest duration pulse-velocity. The truncation occurred at the tail-end of phase ³ (Figure 2.2) in all cases so as to affect an individual velocity pulse only within the (relatively) non-varying region just prior to end-diastole.

2.1.3 Evaluation

Part of the PVD algorithm is to determine (section 2.2) and write the values of the PI, RI, the AB ratio, and the diastolic decay constant (τ) to a text file, so as to allow other programs such as MATLAB and Excel to read these data files for subsequent analysis. Excel (Microsoft Corp., Redmond WA) was used to produce multiple plots for data comparison. While the MATLAB (The Mathworks, Inc., Natick MA) neural network algorithms were employed to investigate whether fetal gestational age discrimination could be conducted using pulse-velocity waveforms indices.

2.2 Velocity Waveform Characteristics

2.2.1 Index Definition

For the purpose of this study it was necessary to determine velocity waveform indices, such as the pulsitility index (PI), the resistance index (RI), the AB ratio, and the diastolic decay constant (τ) . As a first step in the calculation of the pulsatile waveform indices, the end-diastolic velocity (D), peak-systolic velocity (S), and mean pulsevelocity (M) were determined within each velocity pulse (see Figure 2.6). This determination scheme was detailed previously in Section 2.1.

Figure 2.6 Plot of a single cardiac cycle pulse-velocity waveform.

Historically the pulsitility index was first calculated using the Fourier transform of the Doppler blood velocity pulse waveform (Evans *et al*, 1989), where:

$$
PI = \sum_{n=1}^{\infty} \left(\frac{a_n^2}{M^2} \right)
$$
 $a_n = Amplitude of the nth harmonic$ Eqn. 2.1
 $M = Mean height of an individe cycle$ Eqn. 2.1

But this method was deemed by early researchers to be too tedious and time consuming due to the slow speed of early computers. Hence a simplified method for computing PI was introduced such that

$$
PI = \frac{S - D}{M}
$$

$$
SI = Systolic amplitude
$$

$$
D = Diastolic amplitude
$$

$$
M = Mean height of individue cycle
$$

Likewise, Porcelot's resistance index is defined as (Evans *et al.* 1989):

$$
RI = \frac{S - D}{S}
$$

$$
SI = Systolic amplitude
$$
 Eqn. 2.3

$$
D = Diastolic amplitude
$$
 Eqn. 2.3

Scrutiny of Equation 2.2 and Figure 2.6 reveals that an individual Doppler velocity waveform may possess various values for S, D, and, M which render no theoretical upper limit to the pulsitility index (PI); although, clinical usage of Equation 2.2 has shown non-infinite upper limits in practice, which are typically between .5 and 1.5. Likewise, Equation 2.3 would suggest a theoretical range for the RI between 0 and 1. The normal range for the resistance index is $0.72 \leq R I \leq 0.85$, for late gestation fetuses (Thompson et al, 1986). Values of the RI which exceed 0.85, which signify low blood flow, are indicative of a vascular obstruction, while RI values below 0.72 typically represent higher than normal blood flows (Thompson et al, 1985).

The fourth most common Doppler velocity waveform characteristic index is the AB ratio (Equation 2.4).

$$
AB = \frac{S}{D}
$$

$$
S = Systolic amplitude
$$
 Eqn. 2.4
Eq. 2.4

The diastolic decay constant (τ) is used in the current study to represent the best exponential fit of the data between peak-systole (S) and end-diastole (D) .

$$
\tau = \frac{\ln F/a}{X}
$$
\n
$$
\tau = \frac{\ln F/a}{X}
$$
\n
$$
T = \frac{\ln F/a}{X}
$$
\n<math display="block</math>

The diastolic decay constant can be postulated based on an assumed relationship between blood flow and an R-C-R circuit model of the placental circulation in cardiovascular physiology, also known as a "Windkessel Model". The Windkessel model is an electrical circuit that represents the distal and proximal vascular resistance, and the capacitance of the blood vessels (Figure 2.7).

 $R_p = Lumped Resistance of Proximal arteries$ $\dot{R_d}$ = Lumped Resistance of Distal arteries C = Lumped Elastance of the Blood Vessels S_f = Source of Flow

Figure 2.7 The Three Element Windkessel Model.

Using Kirchhoff's current and voltage laws, the decay constant (τ) as used in Equation

2.5 can be related to the Windkessel model parameters (Kalegaonkar, 1998).

The Doppler velocity waveform indices used herein are directly dependent on impedance of the placental vascular network, heart rate, and gestational age (Ursem et al, 1998). Because the waveform indices are susceptible to changes in gestational age and impedance they are likely candidates for ascertaining the age and health of ^a fetus (Thompson et al, 1985).

2.3 Neural Network Discrimination

2.3.1 Neural Network Background

Artificial neural networks (ANN) are architecturally and functionally based on the interconnections found in biological central nervous systems (CNS). The massive connections (10^{11}) in the human CNS allow for the ability to store and synthesize massive amounts of information that can be recalled instantly for any number of purposes. For example, during reading the brain recognizes and associates each letter and combinations ofletters to sounds (phonics) or combinations ofsounds (words). In sound recognition the brain can, with appropriate training, determine whether a sound is emanating from a known source and determines likely sound generation sources without visualization. The principles ofrecognition can also be applied to judgment making abilities. For example, appropriately trained (or experienced) health care professionals may diagnose certain heart pathologies utilizing only the sound of the beating heart, monitored through a stethoscope.

An artificial neural network attempts to simulate the functionality of the brain, wherein it is possible to store data within the network for use later in decision-making processes. A neural network algorithm structurally consists of parallel neurons similar to biological nerve cells in the CNS (Figures 2.9 and 2.10).

Figure 2.9 Image of biological neurons. (Adapted from Hagen et al.)

Figure 2.10 Image of an artificial neural network. (Adapted from Hagen *et al.*) 15

Figures 2.9 and 2.10 indicate that the neural network structure shares and stores information with other paralleled neurons from an input of data (or stimulus as in the case ofthe biological neuron). In addition to the architectural similarity between the biological neural networks (Figure 2.9) and artificial neural networks (Figure 2.10), there is a functional similarity as well. One of the functions of the nerve cells is determining the significance ofinputs via stored sensitivities associated with specific stimuli. So, when the neuron encounters a stimulus that is important, or critical to remember, it weighs the stimulus more than other stimuli that are being received at the same time. Hence the neuron puts more emphasis (weight) on the more important input, relative to the less significant input. Similarly an artificial neural network also applies weighting to the various neuron inputs that contain important information.

Artificial neural networks (ANN) utilize training of neurons in order to instill decision-making (classification) abilities. Training a network involves use of the "feature" vector" with a set of corresponding "target vectors". Here a feature vector will contain all the information a neural network needs to perform the appropriate training (for example a typical feature vector may contain the PI, RI, AB ratio, and τ). Target vectors are typically integer values, which correspond to a classification, that are used to evaluate the output of the neural network. When the input data and target vectors are entered into the ANN, training must be performed to adjust the weights and biases in a systematic manner such that the network output values are close to the target vector values using a summed squared error criterion. At the end of training an unclassified set of data (feature vector) can then be entered into the trained neural network for classification analysis.

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2.3.2 Network Training and Evaluation

A neural network may be used to discriminate between data categories provided that an appropriate set of network weights and biases are calculated $a priori$. Hence, weights and biases are the quantities determined during network training. Weights (W) are placed on the inputs to the neurons, which are adjusted according to the numerical significance or importance of the input. For example, a single neuron with multiple inputs is depicted in Figure 2.11, which shows the process from the input of the feature vector (R) to the output (a_l) . Where (b_l) is the neuron bias input.

Figure 2.11 Model of a single layer neuron with an input array of values. (Adapted from Hagen et al.)

As this network trains the weighting (W) will increase if the network puts more emphasis on a specific input (P). If the network output (a) is less sensitive to the input (P), its corresponding weight (W) will decrease accordingly. Selection of the bias value (b) is similar to that of the weights except the bias input is always 1. The bias value is also subject to modification during network training.

"Learning" is the process by which the weights and biases are adjusted to attain ^a desired network behavior. With non-linear data, the learning rule most often used to train is backpropagation (Hagen *et al*, 1996). An important part of backpropagation is the performance index, which focuses on the calculation of the sum of the mean square error (SSE), where:

$$
T = Target Vector for a Given Input (Training) Vector
$$
 Eqn. 2.7

$$
SSE = \sum (T - a)^2
$$
. $a = Network Output Vector for a Given Input (Training) Vector$

As the training begins, the input training data are entered with the corresponding target vectors. The training data provides the network with an array of specimen data that exemplify the characteristics of desired network classification.

Each evaluation of the network is termed an "epoch", where the output of the network is compared to the target vector. The neural network is then "fine-tuned" by adjusting the weights and biases in order to minimize the SSE to a user defined error goal. Training is complete when the error goal has been reached. Automated adjustment the weights and biases maybe calculated using Equations 2.8 and 2.9.

$$
\alpha = Learning\ rate
$$
\n
$$
W_{i,j}^{m}(k+1) = W_{i,j}^{m}(k) - \alpha \frac{\partial \hat{F}}{\partial W_{i,j}^{m}}
$$
\nEqn. 2.8\nEqn. 2.8\n
$$
b_{i}^{m}(k+1) = b_{i}^{m}(k) - \alpha \frac{\partial \hat{F}}{\partial b_{i}^{m}}
$$
\nEqn. 2.9\nEqn. 2.9\nEqn. 2.9\n
$$
b_{i} = Bias
$$
\n
$$
\sum_{i=1}^{j} SSE
$$
\nEqn. 2.9

Here, the learning rate (α) can be adjusted during the training of the network. The modification of α is dependent on the SSE and will be discussed in detail below. To calculate network weights and biases (Equations 2.8 and 2.9, respectively) the partial derivative of F needs to be computed. With networks of multiple layers (see Figure 2.12) the SSE is an indirect function of the hidden layers, thus the partial derivative is not an explicit function of the weights and biases in the hidden layers. So, the easiest way to calculate the derivative is to use the chain rule expansion as described in detail by Hagen et al (1996).

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Figure 2.12 Model of a multiple layer network with an input array of values. (Adapted from Hagen et al.)

To improve the performance of the network, heuristic modifications are added in the backpropagation training method. The convergence ofthe SSE goal can be improved by smoothing oscillations in a trajectory utilizing the so-called "momentum function", which is in essence a low pass filter. Basically the momentum modification allows neural network training the ability to track the average value of the data entered but with much less oscillation. The filtering performed by the momentum helps network training avoid getting caught in a shallow minimum (Figures 2.13 and 2.14).

Figure 2.13 Illustration of a neural network without momentum.

Another modification involved with a speedier convergence is the adjustment of the learning rate (α) . The learning rate is allowed to increase when SSE gradients are "flat", while the learning rate is decreased when SSE gradients are substantially non-zero. Adjustments to the learning rate are made according to three rules of performance on a

backpropagation network (Hagan et al 1996):

- 1) If the squared error (over the entire training set) increases by more than some set percentage ζ (typically one to five percent) after a weight update, then the weight update is discarded, the learning rate is multiplied by some factor $0 \leq \rho \leq 1$, and the momentum coefficient γ (if it is used) is set to zero.
- 2) If the squared error decreases after a weight update, then the weight update is accepted and the learning rate is multiplied by some factor $\eta > 1$. If γ has been previously set to zero, it is reset to its original value.
- 3) If the squared error increases by less than ζ , then the weight update is accepted but the learning rate and momentum coefficient are unchanged.

Where:

- γ = Momentum Coefficient
- ζ = Percent Increase in the Summed Square Error Over the Entire Training Set
- ρ = Learning Increment
- η = Learning Decrement

and (Demuth and Beale, 1994):

Learning Rate $-$ A training parameter that controls the size of the weights and bias, changes during learning.

Learning Decrement – The multiplier used to decrease an adaptive learning rate. Learning Increment – The multiplier used to increase an adaptive learning rate. Momentum - A technique often used to make it less likely for backpropagation network to caught in a shallow minima.

By utilizing these rules the adjustment of the learning rate at the appropriate epoch, can

be automated to "optimize" the speed of convergence ofnetwork training. Optimization

of these parameters is a trial and error procedure. This is because various sets of data

give different convergence rates, relating to the nature of the data. So any results from

modifications of these parameters are only applicable to the data collected for this

research.

2.3.3 Experimental Data Segregation

The current investigation consists of two experimental groups: the training set and the testing set. Both data groups are collected from several dozen patient observations at 10, 11, 12, and ¹³ weeks of gestation. All observations were made with maternal informed consent, and conducted with ethics committee approval from all institutions participating in this study. Each patient file is analyzed using the PVD program and using the maximum frequency reconstruction method (Gallagher, 1995; Kempski et al, in review, and Ursem *et al*, 1998) resulting in a list of values consisting of various Doppler velocity waveform indices (the PI, RI, the AB ratio, and τ) from each cardiac cycle in the velocity waveform. Respective pulse-velocity indices were averaged across the fetal data record so that fetal average indices were obtained.

Depending on the number of patient files in each gestational week, a maximum of five randomly selected fetal data records were used as testing files for the neural network, with the remaining fetal records at a given gestational week were used to create network training vectors. Ideally after neural network training, robust discrimination should be possible between fetal index (feature vector) data obtained at weeks 10, 11, 12, or 13 weeks of gestation.

To determine if the diastolic decay constant (τ) was an accurate measure of the cardiac cycle timing, the mean square error (MSE) is calculated for the averaged pulse velocity waveform data (see Figure 2.15) between \overline{S} and \overline{D} compared to the best fit curve defined by Equation 2.5.

> Eqn. 2.10 n ⁼Number ofElements in the Input Sequence $f(1)$ = Best Exponential Fit to Velocity Segment Between \overline{S} and \overline{D} y (I) = Actual Velocity Segment Between S and D

Likewise, fetal velocity waveform indicies may be plotted versus each other to observe whether data "clustering" was evident (Figure 2.16). Such clustering may be indicative of self-segragation between fetal gestational age groups and is known to be desirable from a classification perspective (Duda and Hart, 1973).

Figure 2.16 Hypothetical example of velocity wave form index data "clustering".

2.3.4 Network Construction

Nominally the network was configured as a two-layer system, using MATLAB v4.2c (The Mathworks Inc., Natick MA) with the neural network TOOLBOX v2.0b.l (see appendix A for the MATLAB scripts). The hidden layer (layer 1) contained six neurons with three inputs, while the output layer (layer 2) contained two neurons (Figure 2.16).

Figure 2.16 Model of a multiple layer, multiple input, multiple neuron backpropagation network.

All the layers utilized non-liner transfer functions, specifically the log-sigmoid transfer function (Equation 2.11).

$$
a = \frac{1}{1 + e^{-n}}
$$

\n
$$
n = Input
$$

\n
$$
a = Output
$$

\nEqn. 2.11
\nRepresents a
\nlog sigmoid
\ntransfer
\nfunction.

The input feature vector was first created to contain the respective fetal averaged velocity waveform indices. The gestational week categories are identified by the two output

neurons with assigned target vectors such that "ideal" neuron outputs are given by $[a_{2,1},]$ $a_{2,2}$], where the assigned target vectors for week 10 are [0,0], week 11 are [0,1], week 12 are $[1,0]$, and week 13 for $[1,1]$.

Alternatively, the network input "feature vector" could be the average pulsevelocity data values. Hence, the network training and testing could occur by use of an entire average pulse-velocity data series as opposed to the "reduced" set of fetal averaged velocity waveform indices noted above.

In the analysis results which follow, both feature vector approaches were evaluated to assess whether fetal age discrimination between 10 to 13 weeks gestation is possible.

Chapter 3 Results

3.1 Diastolic Decay Constant

Figure 3.1 depicts a "typical" superposition of fetal average pulse-velocity waveform and the "best-fit" exponential decay curve defined by Equation 2.5. Computation of the MSE between the "best-fit" curve and the diastolic portion of this average pulse velocity waveform was 268.2.

Average Time (sec)

Figure 3.1 Visual comparison between the exponential best fit and an averaged cardiac cycle.

As depicted in Figure 3.1, this "best-fit" approximates the shape of the average pulse-velocity trace after peak systole. However the rate of diastolic decay of the average pulse-velocity waveform is more severe than that defined by an exponential decay. This poor fit was consistently observed for all data files processed during the current study. As such, the diastolic decay index, τ , was not used as an element in the waveform index feature vectors employed for neural network training or classification.

3.2 Velocity Waveform Index Training and Classification

Neural network training was first attempted using feature vectors defined using the PI, RI, and AB ratio fetal velocity waveform indices. This process was guided, in part, by the work of Morrow (1998) which indicated that a two-layer back propagation network was sufficient to classify changes in gestational age measured over trimesters. However, network training for fetuses with gestational age of 10, 11, 12, or ¹³ weeks proved problematic, plagued by slow convergence.

Initially the slow convergence of network training was thought to be a consequence of the initial conditions of the heuristic modifications (the learning rate, learning increment, learning decrement, and momentum). After many attempts (to no avail) using, heuristic parameters of various bounds, adjustments of the size of the neural network were conducted. Network configurations ranged from two layer networks with six neurons in layer one and two neurons on the output layer as described in Section 2.3.4, to a three layer network with 12 neurons in layer one, 32 neurons in layer two, and two neurons in the output layer. Using several combinations of the heuristic modifications in conjunction with different network configurations, it became evident that the network could not train with the given velocity waveform index data. For each configuration the network was unable to converge to the proper error goal (SSE < .02) after more than $4e^5$ epochs. According to Morrow (1998) the network should be able to converge to the error goal within 7000 epochs. After further scrutiny this lack of convergence ofthe SSE was attributed to an overlap in hemodynamic indices for fetuses in the study group.

Figure 3.2 through 3.4 indicate that, for the data used in this study, there was not a consistent clustering of hemodynamic index values associated with gestational age. Such cross-pollination between age groups is shown explicitly in Figures 3.2, 3.3, and 3.4 using the average waveform indices for each fetus (See Appendix B). Since these pulsevelocity waveform indices are not "clustered", the neural network cannot be effectively trained so that the weights and biases can discriminate the target age groups. Without effective network training, use of the neural network and pulse-velocity waveform indices for gestational age discrimination was not possible.

Figures 3.1, 3.2, 3.3 Graphical depiction of fetal blood pulse-velocity indicial "signatures". Plots show a lack of segregation by age when individual fetal PI, RI, and AB ratio indices are employed to classify gestational weeks 10 , 11 , 12 , and 13 .

Instead of using the average pulse-velocity waveform indices extracted from each fetal record for training, the data was "compressed"by further averaging across ^a given gestational week. Hence gestational "weekly-average" PI, RI, and AB ratio values were computed and provided four feature vectors (see Appendix B), each representing the respective gestational week 10, 11, 12, and 13 index data. Figure 3.8 is the analysis result of testing feature vectors that spanned $10-13$ weeks of gestation. The results indicated in Figure 3.5 show that the artificial neural network testing, following training with weekly-average feature vectors containing waveform index information, indicates that the classification capabilities of the testing vectors is not robust.

Figure 3.5 The test feature vectors are from known gestational age classifications as indicated in the figure legend. The highest sample number in any group represents the weekly-average training vector for that group, which was fed-back into the network as a self-consistencv check.

Patient Number	Sample Number Fetus Age		Day	PI	RI ₁	AB ¹	τ
A02 0019UA1		Week 10	Ω	2.6054	0.9391	16.4267	37.8985
A10 0129UA1	\overline{c}		3	2.4698	0.9035	10.3942	34.9247
A18 0256UA1	3		3	2.2375	0.8937	9.5739	32.3336
A22 0311UA1	4		3	2.3577	0.9019	10.2075	32.1922
A03 0025UA2	5		4	2.1319	0.8467	6.5778	25.5024
Avg Training Vector	6		Test	2.4319	0.9020	11.5572	33.3533
A05 0059UA1	7	Week 11	Δ	2.8132	0.95	20.0129	39.5927
A08 0107UA1	8		8	2.4742	0.8818	8.4733	32.2863
A09 0119UA2	Ç		Δ	2.4997	0.9072	10.7903	35.6923
A18 0254UA1B	10		$\mathbf{2}$	2.4806	0.9229	13.5081	35.6319
A18 0254UA1NB	11		$\hat{\mathbf{z}}$	2.4383	0.9098	11.1538	33.9196
Avg Training Vector	12		Test	2.4532	0.9095	13.0386	33.9183
A03 0031UA3	13	Week 12	0	2.7639	0.9375	16.0565	40.3843
A04 0040UA1	14		0	2.7129	0.9619	26.4187	43.5124
A04 0052UA1	15		6	2.3399	0.9076	11.2024	34.1108
A17 0241UA1	16		$\overline{2}$	2.431	0.9048	10.5465	28.2708
A08 0103UA1	17		$\overline{2}$	2.0326	0.8594	7.1359	31.2273
Avg Training Vector	18		Test	2.4012	0.9159	12.9994	32.4944
A18 0258UA1	19	Week 13	5.	2.3268	0.9299	14.3757	29:2068
A16 0230UA1	20		5.	1.8988	0.8626	7.325	26.6326
A14 0195UA1	21		Ō	2.3337	0.9138	11,9449	36,2882
A11 140UA1	22		$\overline{\mathbf{A}}$	2.1261	0.8945	9.5643	33 2097
A05 0069UA1	23		\mathbf{z}	2.0867	0.8923	9.3779	28.8966
Avg Training Vector	24		Test	2.3518	0.9152	13.5062	29.8955

Table 3.1 Chart of the fetal records used to test the neural network.

3.3 Average Pulse Velocity Training and Classification

Another approach to network training employed the average pulse-velocity waveform data as the input feature vector, instead of the waveform indices. Figure 3.6 depicts all 73 fetal average pulse velocity waveforms plotted for comparison purposes.

Weeks 10, 11, 12, 13 Healthy Averaged Cycles

Figure 3.6 Plot of 73 averaged cardiac cycles. Ranging from 10 to 13 weeks of gestation

Visual assessment of Figure 3.6 suggests that clustering by gestational age maybe problematic (see Appendix C for a separate comparison by gestational week). These average pulse-velocity data were further condensed to single (mean) average pulsevelocity waveforms per gestational week via averaging all fetal waveforms within a given gestational week. These weekly average pulse-velocity data are shown in Figure 3.7. Modest segregation between gestational age groups is evident in Figure 3.7, suggesting that neural network training may be possible if the weekly average pulse-velocity data are used for training purposes. By assigning ^a target vector to each week of gestation (week 10 [0,0], week 11 [0,1], week 12 [1,0] and, week 13 [1,1]) the neural network was able to distinguish between the

Week Cycle Average

Figure 3.7 Graphical depiction of fetal pulse-velocity waveform "signatures" following weeklyaveraging. Ordinate is velocity in mm/sec, abscissa (X) represents time. Plots show that segregation by gestational week may be possible due to differences in waveform shape and/or magnitude

data shown in Figure 3.7. Thus, a set of weights and biases were found which were applied to assess the classification of the testing vectors using average pulse-velocity records from the same fetuses noted in Table 3.1. The weights and biases calculated by the neural network using the weekly average pulse-velocity data were then used to evaluate the fetal average pulse-velocity waveform data set-aside for testing purposes (see Table 3.1). Of the five individual (fetus) feature vectors per gestational age group, Figure 3.8 shows that successful classification occurred in four of five $(4/5)$ trials for week 10, three of five $(3/5)$ trials for week 11, two of five $(2/5)$ trials for week 12, but only one of five (1/5) trials at week 13. Note that unsuccessful classifications shown in Figure 3.8 may be the result of the individual embryo waveform overlaps between age

groups. Examining Figure 3.8 it can be seen that the neural network was not able to classify all the individual fetal average pulse-velocity waveform

Figure 3.8 Artificial neural network testing following training with weekly-average feature vectors containing pulse-velocity waveform data. The test feature vectors are from known gestational age classifications as indicated in the figure legend. The highest sample number in any group represents the weekly -average training vector for that group, which was fed-back into the network as a self-consistency check. Perfect classification would result in a sequence of "steps". The network passes the self-consistency check and classification, while not perfect, is more robust than that previously conducted using index-based feature vectors.

data into the correct gestational age groups. These results stem from the fetal average pulse-velocity overlap shown in Figure 3.6. Calculating the confidence interval at a 95% confidence level (see Figure 3.9) provides a graphical interpretation of the error found in Figure 3.8. The comparison plot indicates that there is significant overlap in confidence intervals between consecutive weeks 11 and 12 of gestation to the point where proper discriminatory ability failed (additional confidence interval plots are shown in Appendix D).

Weeks 11 & 12 Confidence Intervale

Figure 3.9 Graphical comparison of averaged fetal pulse-velocity waveforms of gestational weeks 11 and ¹² with corresponding confidence intervals (calculated with a 95% confidence level).

While the weekly average pulse-velocity training vectors depicted in Figure 3.7 show modest segregation, the average pulse-velocity testing vectors used (other than the fedback weekly average pulse-velocity vectors) for evaluation appear to posses a substantive variance based on the results depicted in Figure 3.8. This is likely due to overlap between individual average fetal pulse-velocity data series across gestational age groups (see Appendix C). Hence, misclassification ensues. Figures 3.5 and 3.8, show that Doppler waveform indices afford a decreased ability to differentiate between gestational weeks when compared to classification attempts using average pulse-velocity waveform data.

Chapter 4 Discussion

4.1 Diastolic Decay Constant

The diastolic decay constant was determined to not have an efficient correlation to the average pulse-velocity. Significant error was observed due to the steep run off after peak-systole (\overline{S} , Figure 3.1). The error was largely due to the steep decline in velocity time series value after peak systole (\bar{S}) , which the simple exponential function was unable to mimic. As such, a more elaborate functional definition is required to appropriately model the average pulse-velocity waveform over the period from peaksystole (S) to end-diastolic velocity (D) values. Furthermore, the diastolic decay $constant \tau$ was not employed during subsequent neural network analysis of fetal hemodynamic index data.

4.2 Waveform Indices and Classification

As development of the fetal circulatory system progresses, blood flow velocity also changes. Throughout the last 20 weeks of development, characteristic pulse-velocity waveform indices become differentiable at various gestational ages and health condition (Thompson and Trudinger, 1989). However, between the gestational ages of 10 to ¹³ weeks, the current study has discovered that pulse-velocity waveform characteristic indices are not the best approach for fetal health assessment, since variations in fetal data cannot be consistently classified into their appropriate gestational week (see Figure 3.6). This lack of classification ability stems from the overlap observed in the fetal waveform

velocity indices for the gestational ages used for this study. Such overlap is explicitly seen in Figures 3.2 to 3.4.

According to Wright et al, (1997), neural network testing is possible for fetal pulse-velocity waveforms between 17 to 20 weeks of gestation. Using late second trimester Doppler waveforms a success rate of 100% classification with the carotid artery, and 94% classification with the femoral and popliteal artery has been achieved (Wright et al., 1997). Thus the fetal gestational week 10, 11, 12, and ¹³ pulse-velocity waveforms used in the current study may not be distinct enough to be successfully differentiated when using the PI, RI, and, AB ratio indices. Indeed, even use of the average pulse-velocity waveform index data did not afford a robust fetal age discrimination based on the results of the current study.

Figures 3.2, 3.3, and 3.4 show that there was no evident clustering of the average fetal indices according to gestational age between ¹⁰ to¹³ weeks. Therefore since grouping according to gestational age was not apparent, the neural network was unable to separate the indices for classification purposes.

Section 4.3 Average Pulse Velocity and Classification

The current study suggests that use of pulse-velocity waveform data as the "feature vector" used in classification has modest discrimination capability, although misclassifications occur as seen in Figure 3.8. Hence, more patient observations (i.e. more data records) may be required ifrobust classification is to be achieved. Data depicted in Appendix C show large amounts of overlap in fetal average pulse-velocity waveforms from 10 to 13 weeks gestation. This waveform overlap suggests that

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individual patient waveform data possess considerable variance which renders

discrimination difficult unless many patients are averaged together to lessen the variance.

Chapter 5 Conclusion

Examination of the Doppler velocity waveform indices has shown that during early gestation (weeks 10 to 13) the PI, RI, and AB ratio are not powerful classification indices based on the data used for this study. Analysis using the average pulse-velocity waveform resulted in better classification outcomes, however robust discrimination was not achieved.

That the Doppler velocity waveform indices appear to be a much less reliable assessment method than the average pulse-velocity waveform suggests that the calculation ofthe PI, RI, and AB ratio omit valuable classification information. The lack of consistent classification utilizing pulse-velocity waveform time series information suggests that, at these early gestational ages, large numbers of patient observations ($n >$ 20) may be required to train robust neural network classification algorithms. Based on the limited data used for this study, neither characteristic indices nor pulse-velocity waveform time series data provide reliable fetal age discrimination amongst healthy maternal-fetal pairs.

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A.l Trainer.m

%Modified by: Ron Soule July 22 1998 $\frac{0}{0}$ % Neural Network toolbox code to initialize, train, and sort results for a % 5-N-2 logsig backpropagation network. $\%$ $%$ Begin by loading training pairs (P,T) and proceed clear clc AvgChar $[W1,b1,W2,b2]=\text{initff}(P,5,\text{logsig}',2,\text{logsig}');$ $disp_freq = 200;$ $max_epoch = 50000;$ $err_goal = 0.02;$ $lr = 0.2;$ lr incr = 1.04 ; lr ⁻ $decr = 0.7;$ $momentum = 0.9;$ max_error_ratio = 1.04;

tp=[disp_freq max_epoch err_goal lr lr_incr lr_decr momentum max_error_ratio];

 $[W1.b1.W2.b2.te,tr] = trainbyx(W1.b1, 'logsig', W2,b2,'logsig', P,T,tp);$

save wabl Wl bl W2 b2

A.2 EvalNet.m

%Modified by: Ron Soule July 22 1998

 $\frac{0}{0}$

% NN toolbox code for evaluation of a trained network.

 $%$ Begin by loading input (P,T) vectors to be evaluated

% Then, the evaluator will run it through most recently used trained

% network (which may need to be loaded).

 $[a2]$ = simuff(P,W1,b1,'logsig',W2,b2,'logsig');

% Now, sort through a2 to alter to nearest matching vector % and compare to T

```
n = size (a2);m = n(1) * n(2);for ind = 1:mtmp = a2(ind);if tmp > 0.5a2(ind) = 1.0000;
              else
                       a2(ind) = 0.0000;
   end
```
end

A.3 ComWIOH

%Waveform index data (PI, AB ratio, RI, respectively), with target vectors used to train the Neural %Networks

 $P = P'$

A.4 Average.m

%A data set that contains the APV data for the four gestational weeks under investigation (the %colums represent the weeks of gestation). This set was used as training vectors.

= [0011 0101];

A.5 EVA.m

%The M-file to load the data files under investigation and run the various %evaluation M-files

clear clc

load wabl

 $j = 0;$

WeeklOch

EvalNet figure (1) H fig₁ = figure(1); $set($ Hfig $1, ...$ 'NumberTitle', 'Off,... 'Name', ['Unknown']); Ploti Hold; for $i = 1:1$ $j = j + 1;$ end Weekllch EvalNet Ploti for $i = 1:1$ $j = j + 1;$ end Weekl2ch EvalNet Ploti for $i = 1:1$
 $j = j + 1;$ end Weekl3ch EvalNet Ploti Hold;

A.6 Ploti.m

%Modified by: Ron Soule July 22 1998 %file to graphically represent how data is assigned

```
dim = size(a2);x \text{size} = \text{dim}(2);x = [1:1:xsize];for i = 1:xsize
          \text{if a2}(:,i) == [0 0]'step_loc(i) = 10;
          step_loc(1) =<br>
elseif a2(:,i) == [0 1]
                   step\_loc(i) = 11;step_loc(1) =<br>
elseif a2(:,i) == [1,0]
    step loc(i) = 12;
  else
     step\_loc(i) = 13;end
end
if i = 0plot(x,step_loc,'kx')
end
if j == 1plot(x+6,step \ loc, 'ok')end
if j = 2plot(x+12,step\_loc,'+k')end
if j = 3plot(x+18,step \ loc,sk')end
```

```
xlabel(Tnput Sample Number');
ylabel('Gestational Age (Weeks)');
legend('Week 10', 'Week 11', 'Week 12', 'Week 13');
axis([0 24 9.5 13.5]);
```
Appendix B Complete Table of Fetal Pulse-Velocity Waveform Indices Used in Neural Network Training

Appendix C Complete Set of Fetal Representative Pulse-Velocity Waveforms

Week 10 Pulse Waveform velocity

Week 12 Pulse Waveform Velocity

 \mathbb{Z}

Week 10 Confidence Interval

Week 11 Confidence interval

Week 12 Confidence Interval

Weeks 11 & 12 Confidence Intervals

Weeks 10 & 11 Confidence Intervals

Weeks 12 & 13 Confidence Interval

