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Comparison of Block-Based and Hybrid-Based Environments in Transferring Programming Skills to Text-based Environments

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ABSTRACT

Teachers face several challenges when presenting fundamental concepts of programming in the classroom. Several tools are introduced to give a visual dimension to support the learning process. They rely on code blocks, easily manipulated in a plug and play fashion, to build a program. These block-based tools intend to familiarize students with programming logic, before diving into text-based programming languages such as Java, Python, etc. However; when transitioning from block-based to text-based programming, students often encounter a gap in their learning. The student may not be able to apply block-based foundations in a text-based environment. To bridge the gap between both environments, we developed a hybrid-based learning approach. We found that on average a hybrid-based approach increases the students understanding of programming foundations, memorization, and ease of transition by more than 30% when compared to a block-based to text-based learning approach. Finally, we provide the community with an open source, hybrid-based learning tool that can be used by students when learning programming concepts or for future studies.

ACM Reference format:

Hussein Alrubaye, Stephanie Ludi, and Mohamed Wiem Mkaouer. 1997. Comparison of Block-Based and Hybrid-Based Environments in Transferring Programming Skills to Text-based Environments. In *Proceedings of the 29th Annual International Conference on Computer Science and Software Engineering, Toronto, Canada, November 4-6, 2019 (CASCON'19)*, 10 pages.

1 KEYWORDS

hybrid-based programming, text-based programming, block-based programming.

2 INTRODUCTION

Teachers use different coding environments when teaching programming in the classroom. Coding environments are either block-based or text-based. Block-based approaches use blocks to write the program as introduced in Figure 1(A). Text-based approaches use text code only to write a program as shown in Figure 1(B). Tools such as PencilCode, Scratch, and App Inventor use a block-based

approach. This environment is welcomed by millions of new students. App Inventor is used by 400,000 unique monthly active users who come from 195 countries and have created almost 22 million apps¹. Scratch that is one of the most modern block-based development environment powered by MIT has more than 39 million users². Furthermore, Block-based tutorials on code.org have been reaching over 780 million students³. This environment produces a new way to write code that includes colors and shapes. This can reduce the learning curve that students have when starting to learn to program in a text-based environment.

It seems more practical to leverage an existing reservoir of knowledge by extending the block-based approach towards a text-based one rather than starting to learn a whole new programming language [1]. However, there are some challenges that teachers are facing to bring a text-based environment to the classroom. Teachers use block-based settings to teach programming because they are simple and easy to understand. However, in a typical block-based environment, students learning curve is slow, as they are only able to write basic programs. Students will eventually need to move from a block-based approach to text-based approach in order to write complete and more complex programs. Moreover, Students should be also exposed to text-based environments in order to understand the difference between coding styles and coding syntax [1]. There should be a transition from commands with colors and shapes to text-based environments with only instructions. This transition includes large gaps in student learning and students are unable to transfer their skills upon their preliminary exposure to text-based environment [2].

We want to bridge the gap between block-based and text-based environments by implementing a hybrid-based environment, as proposed in Figure 1(C), which is a combination of block-based and text-based environments. This helps the learner to program using block-based features while also being familiar its correspondent representation in the text-based environment. It allows the learner to see and modify text-code along with leveraging the benefits of dragging and dropping blocks of code.

This study answers the following research questions:

- **RQ1. (Learning Improvement)** Does the hybrid-based environment better improve students learning curve, when they migrate to text-based environments, in comparison with block-based environment?

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¹<http://appinventor.mit.edu/explore/>, Accessed April 2019.

²<https://scratch.mit.edu/statistics/>, Accessed April 2019.

³<https://code.org/about>, Accessed April 2019.

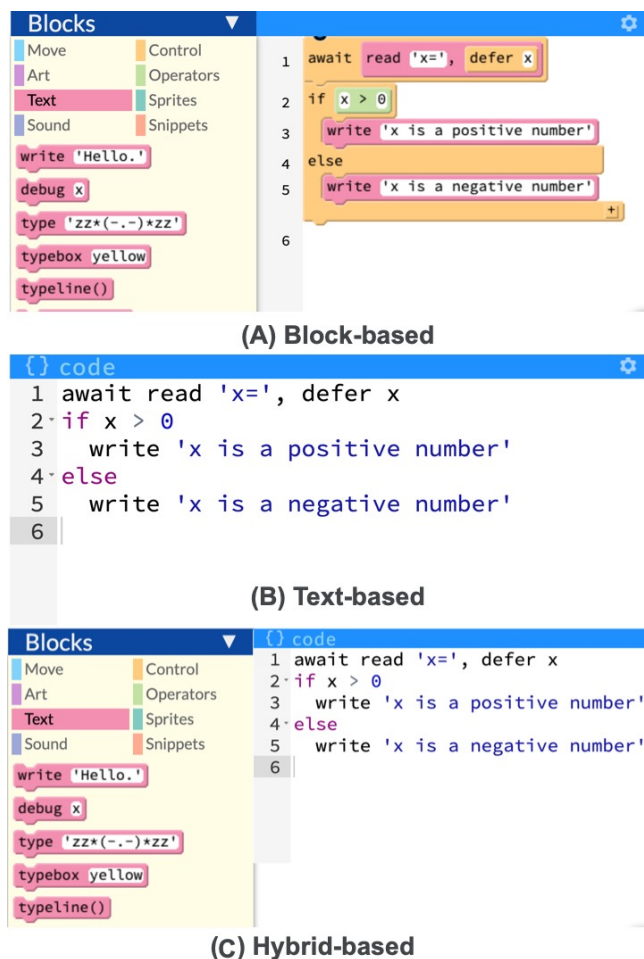


Figure 1: Types of programming environments.

- **RQ2. (Command Memorization)** Does hybrid-based environment increase the student's memorization of programming commands, in comparison with block-based environment?
- **RQ3. (Ease Of Transition)** Does hybrid-based environment increase the ease of transition to text-based programming, in comparison with block-based environment?

This study makes the following contributions:

- We design a novel hybrid-based environment which improves 1) students learning curve by an average of 30.16%; 2) learning programming foundations by 16.2%; 3) learning code modification by 28.6%; 4) command memorization by 9%; 5) syntax error free code by 67%, and 6) ease of transition by 30%, when compared to block-based environment.
- We implement a hybrid-based version of PencilCode. The tool is available as open source⁴ for learning, replication, and extension purposes.

⁴<https://github.com/hussien89aa/HybridPencilCode>

The paper is structured as follows: Section 3 enumerates the studies relevant to our problem. Section 4 explains how we build our hybrid-based PencilCode tool. Section 5 shows our experimental methodology in collecting the necessary data for the experiments that are discussed in Section 6, followed by threads to validity in Section 8. Conclusion and future directions are in Section 9.

3 RELATED WORK

According to Dijkstra "The tools we use have a profound (and devious!) influence on our thinking habits, and, therefore, on our thinking abilities." [3]. Therefore, several studies focused on understanding the impacts of the development environment on learning curve [4–10]. Existing studies show that the development environment could affect the learning curve. A student could perform differently in a different development environment. Other studies tried to bring visual programming to a high school classroom to help the student in the learning process [11, 12]. Also, other researchers study the impact of visual programming on mobile development by bringing the block-based mobile app in the classroom [13]. Various visual learning tools have been used to measure the impact of the development environment on the student learning curve.

Sherin [14] studied the learning of physics fundamental using either programming language or algebraic notation. They found that students who learned in different environments have different affordances in learning physics fundamentals. Boroditsky [15] investigated the relationships between different environment representations and the learning curve. They found that different representations have different impact on student learning curve.

Weintrop [2] compared the impact of a block-based, hybrid-based and text-based on transfer programming skills using PencilCode. The study divided the classroom's students into three sections. The first section learned through block-based, the second section learned through text-based, and the third learned through hybrid-based (block /text). All students learned the same curriculum (ex, variables, loops, and conditions) for 5 weeks. In week 6, all students start coding with text-based using java. The study reported that (92%) of students found block-based is easy to learn than text-based. Because in order to write programming Block-based, the student needs to drag-drop commands with fewer needed memorization of commands. Furthermore, the students found the block-based is challenging to build a large complex program. The hybrid-group did not have their tool. They were switching between code and block, which make it could be difficult for students to track block-based representation in the code when the program becomes larger. So they did not get fair learning comparison with other groups. They have to have their tool.

Robinson [1] did a study on Scratch. One of an exciting feature in Scratch is simple to understand and use with avoiding the learner the syntax errors. because Scratch focuses on learning the programming logic, and not programming languages, students do not learn how to build a program. Instead, the student learns how to think logically [1]. When student transfer from Scratch to the text-based environment, he/she does not have any programming background.

In this paper, we conduct a comparative study between hybrid-based and block-based approaches in the context of transferring programming skills to text-based environments. Typically, it can be

performed by comparing state-of-the-art hybrid-based and block-based approaches. There are different tools, currently available to learn programming in block/text-based setup. Table 1 enumerates these existing tools. Blockly, AppInventor, and pencilCode advocate for learning with block/text; however, these tools do not support hybrid-based learning. pencil.cc [16] is the only tool that contains a hybrid-based environment. However, the tool is not open-source, so we were not able to adjust it to our study. Therefore, we built our own hybrid-based development environment, and we open-source our tool since 2017, to test it for usability and use it for our experiments.

In the next section, we describe how we build a hybrid-based approach that ease the transition of skills to text-based.

Table 1: block/text-based tools.

Tool name	Year	Hybrid?	Open Source?	Online?
pencilCode	2001	No	Yes	Yes
AppInventor	2010	No	Yes	Yes
Blockly	2012	No	Yes	Yes
pencil.cc	2018	Yes	No	Yes
HybridPencilCode	2017	Yes	Yes	Yes

4 METHODOLOGY

In this section, we explain how we developed a hybrid-based tool using PencilCode. We start by analyzing the architecture design of the block-based PencilCode. We then discuss the modifications that we made to the block-based PencilCode in order to transform it into a more hybrid-based PencilCode. Figure 2, represents our hybrid-based PencilCode system architecture.

We have chosen to work with PencilCode because it helps to build confidence in beginning programmers so that they can create more complex programs without using a block-based approach [17]. Also, it allows beginners to achieve satisfactory results quickly, while also minimizing their frustration level when learning, by avoiding syntactic errors that can be easily introduced when typing down instructions. Furthermore; it introduces beginners directly to a programming foundation that is used by professionals and allows them to toggle between text-based and block-based environments [17]. PencilCode enables students to write a real CoffeeScript program using blocks only. Figure 2(A) shows an example of writing code in PencilCode. PencilCode is currently open source, and available in GitHub⁵.

In PencilCode, a user can switch between text-based and block-based by clicking on "show codefi" or "show blockfi". When the user clicks on "show codefi", the blocks view transitions from Blockly⁶ to a Droplet [18] model and then the code is displayed. When the user clicks on "show blockfi" the code view transitions from a Droplet to a Blockly model and then the blocks are displayed. This illustrates that PencilCode uses two different models, a Blockly model and a Droplet model. All reserved commands (For, IF, variables, etc.) are available to users in the toolbox as a block so that they can drag

and drop (for convenience, we will just say drop) when building an application in the Blockly view.

Figure 2(B) shows how a Droplet is used to convert blocks to code and code to blocks. When a user drops blocks from the toolbox to the text-based view, the Droplet block-model displays its corresponding program as a number of connected blocks. To build a hybrid-based tool, we need to convert the block-model into its corresponding textual representation.

We build the hybrid-based PencilCode to reduce the learning gap between the block-based and text-based approaches as outlined in Figure 2(C). The user is able to use the blocks while also seeing the code. This increases the liaison between the block representation and its corresponding code representation, and also allows the user to learn the syntax of programming. In hybrid-based PencilCode a user writes an application by following these steps:

- First, the user drags the block from the blocks toolbox, as shown in Figure 2(D- 1).
- Second, the user drops the block into text-based, as shown in Figure 2(D- 2).
- Third, the user can update the text-based code using keyboard, as shown in Figure 2(D- 3).

In the next section, we discuss the details of updating in PencilCode to build hybrid-based PencilCode.

4.1 Droplet customization

In order to build a hybrid-based tool, we first need to modify the design of the Droplet model in PencilCode. The Droplet is a process that switches between the block-based and the text-based model in the PencilCode's environment. The Droplet's data model is a text stream marked up with XML-like tokens such as `< block >`, `< /block >`, `< socket >`, `< /socket >`, where every block that is dropped to the Droplet editor is marked as a token with a start tag and an end tag.

To convert the text code to blocks, instructions are parsed and converted to an Abstract Syntax Tree (see Figure 2(B) [18]). The parent node along with its child nodes, all the way to leaf nodes are then identified. This tree is then converted to an XML-like block-model using a syntax-aware language adapter that is responsible for mapping the block-model to the syntactic code representation, as follows: The Droplet needs to render the XML box-model to blocks. The Droplet parses the block-model line by line and, for each line, it transforms the text between two markups into a block.

For a better visibility, we also defined a set of rules to insert spaces between lines in each box-model. These spaces make the block clearer when it is drawn. The Droplet draws the path that surrounds all of its rectangles while avoiding the unintended area.

The Droplet typically displays an animation when converting any text to a block. We disable this animation in the hybrid-based environment as it would lead to a large number of frequent animations and thus confuse developers as they are writing their instructions and being constantly distracted by an animation.

The hybrid-based PencilCode converts every dropped block to code instantly. This allows students to see how every block is represented in the code, as they are developing their program. We send every block to the Droplet model and then convert it to code

⁵<https://github.com/PencilCode/PencilCode>

⁶<https://developers.google.com/blockly/>. Accessed April 2019

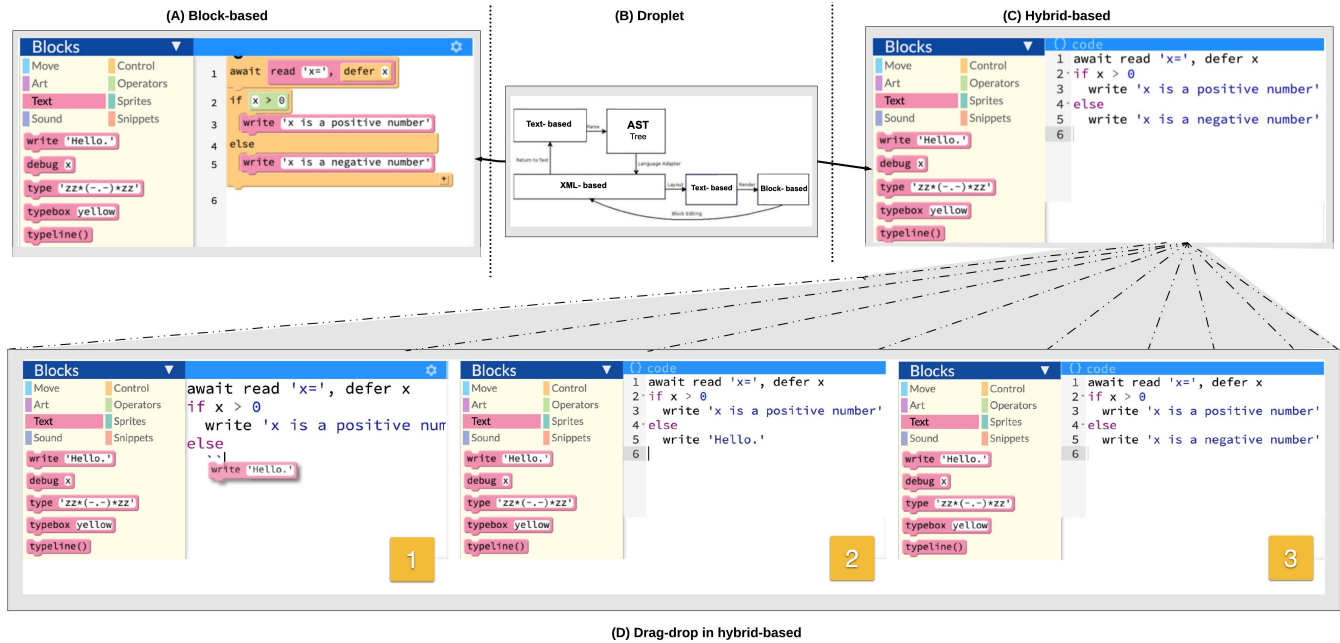


Figure 2: Hybrid-based PencilCode Overview.

instead of sending the entire program and then converting it to box-model (text-based). Students can then edit and write code directly in the Droplet editor.

4.2 Hybrid-based PencilCode implementation

hybrid-based PencilCode, as shown in Figure 1(C), uses the same internal design of PencilCode with some adjustments. We intentionally avoided architectural changes, and minimized code changes to keep our extension easy to implement and maintain. Also, this would allow more compatibility with any upcoming version of PencilCode. Table 2 contains a high-level overview of all our updates and their corresponding PencilCode files. In each file, we discuss the rationale and details of our updates:

In `view.js` we made two changes: *First*, Instead of allowing students to click on `show codefi` and `show blockfi` to switch between block-code, we automated this process implicitly, without letting the student notice it. To do that, we added a new function that is being called whenever a student drops a block from the toolbox to the text-based area or whenever the student updates the text-based code.

When a student drops a block, the function passes a block to the Droplet in order to generate the code, that is now instantly visible to the student. This enables the code view of each block. Furthermore, when a student changes a line of code, this is a captured event that updates the blocks with respect to the updated code.

Second, In hybrid-based PencilCode, both block-based (toolbox only) and text-based are viewed in front of the user instead of one at the time. This view is achieved by a minor update in Style Sheets, which manage program blocks or code views. We retire PencilCode’s method that handles the correspondence between blocks and instructions. So when a student drops a block, our

Droplet handles that event by generating the necessary text-based information, and when a line of code is modified, our Droplet also updates the blocks.

In `Droplet.js`, we made four changes, as enumerated in Table 2. These changes allow the Droplet to support converting block to code instead of block to block only. When a student drops a block in the text-based area, these changes convert the block to its corresponding source code.

Table 2: Changes in PencilCode code files to build hybrid-based PencilCode.

File Name	File Path	Line numbers	Operation
editor.html	content/	13-15	update
Droplet.css	content/lib/	49-51	add
Droplet.js	content/lib/	65308- 65310	update
		65479- 65480	update
		65826- 65829	update
		65308- 65310	remove
view.js	content/src/	2841-2842	remove
		1933-1943	add

Other changes that were made in other files are related to user interface design. In order to combine both block-based and text-based views into one uniform hybrid-based environment. We modify the layout code of PencilCode from switching between two environments which are the block-based environments and the text-based environments into one environment which is the hybrid-based environment. The user interface of the hybrid-based environment IDE splits into two views as elicited in Figure 1(C). The left side is

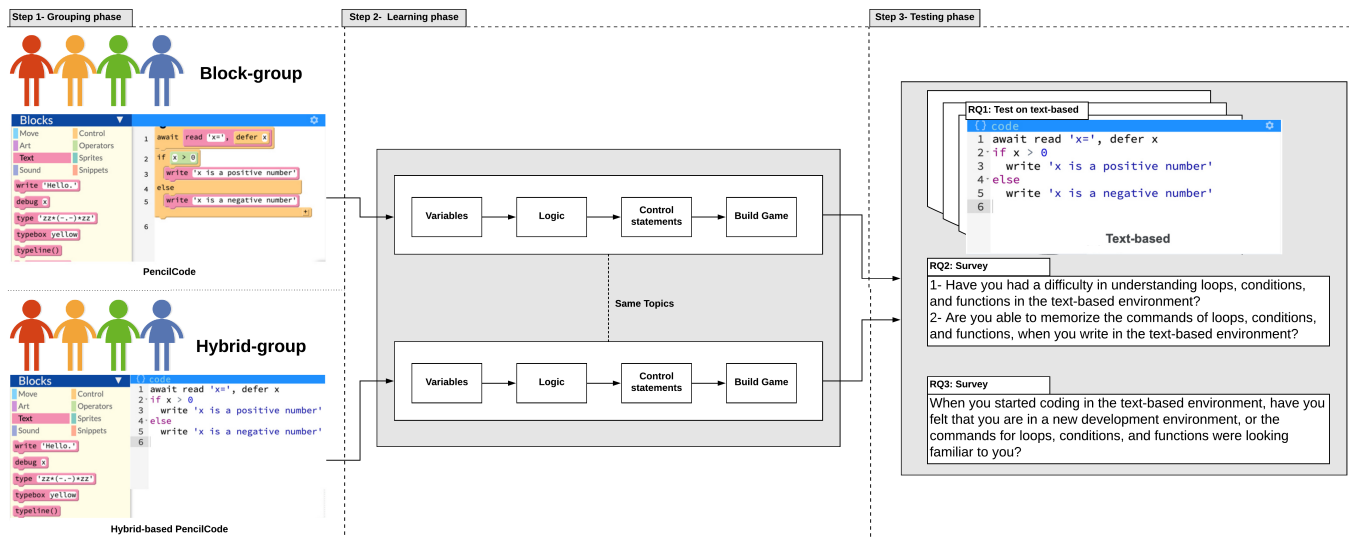


Figure 3: Experimental Design Overview.

toolbox where a student uses to drag a programming command, and the right side is the development area(text-based) where student drop blocks. We named hybrid-based environment as *hybrid-based PencilCode* that released as open source project.

5 EXPERIMENTAL DESIGN

We design our experimental study to measure the difference in the impact of block-based or hybrid based environment on student’s learning curve, when they transition to the text-based environment. To do so, we perform a qualitative analysis of two separate groups of students, where each group is assigned to only one environment (block-based or hybrid-based). Then we evaluate the effect of these environments on transferring the basic programming skills to a more complex environment, i.e., text-based programming. We want to investigate whether our hybrid-based environment outperforms the classic block-based environment in terms of optimizing the learning time and reducing the error-proneness.

We design our experiment in three phases, as outlined in Figure 3. First, in *Grouping phase* we divide students into two groups: the *block-group* and the *hybrid-group*. Second, in *Learning phase* we teach each group basic programming concepts using its associated environment, namely block-based and hybrid-based. Third, in *Testing phase* we perform a test, in the text-based environment, to challenge the students understanding of programming concepts, and finally we survey them to gauge their impression of the ease of programming in general.

5.1 Grouping phase

As shown in Figure 3 (step 1), eighteen undergraduate students from the civil and environmental engineering departments at Rochester Institute of Technology were randomly sampled for this study(8 for block-group, 10 for hybrid-group). block-group had 10 students however two students dropped the study. We verified that they have no prior experience in programming . They were hired for two

sessions, of 2 hours each. We randomly divided the students into two equal groups: (1) *Block-group*, this group learns programming using block-based PencilCode; and (2) *Hybrid-group*: this group learns programming using hybrid-based PencilCode. For the learning phase, we scheduled separate sessions for each group, and we did not disclose their existence to each other, in order to avoid any communication between teams, in terms of sharing materials or questions, and this that may affect the accuracy of our experiments and results.

5.2 Learning phase

As shown in Figure 3 (step 2), the Block-group learns programming using the block-based PencilCode environment while the hybrid-group learns programming using the hybrid-based PencilCode environment. We scheduled to teach materials in basic foundations of programming, including variables, conditions, and loops. Then we built easy-to-program games⁷. We teach both classes using the same material, so we can ensure the fairness between both environments. We use the projection of materials and we allow students to apply programming topics in a by-Example fashion. This allows better visualization of concepts as we demonstrate the execution of every program that we teach during the sessions.

5.3 Testing phase

As shown in Figure 3 (step 3), After teaching every group how to write programs in their corresponding environment, in this phase, both teams transition to the text-based environment, where we have prepared a common test for both groups along with a survey for all participants. Our experiments are driven by the previously stated research questions.

To answer **RQ1. (Learning Improvement)**, we performed three types of evaluations: (1) *Code Modification*, we test the student’s ability in correcting a faulty text-based program. We give

⁷All materials are in attachment supplementary materials

students a buggy code and its related correct input/output, then we ask them to locate the root cause and fix it. For example, the code below checks if a particular number is positive or negative.

```

Test sample 1: Is 'x' value positive or negative

x = 7
if x >0
  write 'x is a positive number.'
else
  write 'x is a negative number.'
    
```

We ask the students to update the code and handle the case of the unsigned number "0". Students are required to take into account the case "x=0". (2) *Syntax Error Free*, we test the student's ability in finding syntax error(s). For example, In the question below, we added a syntax error in the condition statement by making the indent of the condition and condition block of code line starting at same point. This represents an error in CoffeeScript, because it is a space sensitive language, therefore, the body of the condition statement has to be indented.

```

Test sample 2: What is the output

sum=0
for x in [0..10]
  if x>8
    sum=sum+x //<----- Syntax Error
  write 'sum= ' + sum
    
```

Figure 3 shows multiple-choice answers for the possible output in test sample 2. students need to select one answer that they think it is correct. In this case, the correct answer is the option (C). Furthermore, we consider any syntax error that has been introduced by the student in any of their code updates as a valid value to calculate syntax error free matrix.

Table 3: Possible outputs for test sample 2.

A	B	C	D
sum= 9	sum= 19	not run	sum= 9 sum= 19

(3) *Ease Of Learning*, we test the student's ability in deciphering and understanding the code logic. For example, as written in the listing below, we ask students: for the following code what do you think the tortoise will draw?

```

Test sample 3: Tortoise movement

speed 2
pen red
for [1..10]
  fd 100
  rt 45
    
```

Figure 4 shows multiple-choice answers for the possible shapes that tortoise may draw. Students need to select one answer that they think it is correct. In this case, the correct answer is the option (D), and not (B), since tortoise actually makes ten moves.

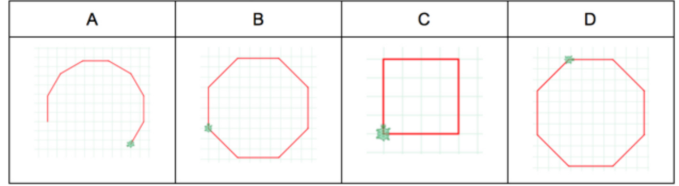


Figure 4: Possible shapes that a tortoise may draw.

We designed an overall of 25 different questions in code modification, syntax error free, and ease of learning. To guarantee the pedagogical aspect of these questions, we have mainly selected them from Weintrop's study [2]. All the questions, used in this study, are available online⁸. The grading scale varies between 0 (bad) and 100 (good).

To answer **RQ2. (Command Memorization)**, we survey students using the following questions:

- (1) *Have you had a difficulty in understanding loops, conditions, and functions in the text-based environment?*
- (2) *Are you able to memorize the commands of loops, conditions, and functions, when you write in the text-based environment?*

Both questions are answered using a Likert scale [19, 20], varying between 0 (bad) and 5 (good).

To answer **RQ3. (Ease Of Transition)**, we survey students using the following question:

- (1) *When you started coding in the text-based environment, have you felt that you are in a new development environment, or the commands for loops, conditions, and functions were looking familiar to you?*

Both questions are answered using a choice of either "Yes, it looks newfi(0 star) or "No, it looks familiar"(5 stars). We opted for a binary answer to capture student's decisiveness of whether they are comfortable or not, with the text-based environment.

In the next section, we discuss the qualitative analysis for the tests and surveys results.

6 RESULTS

6.1 Results for RQ1. (Learning Improvement)

To answer our first research question, we report, in Figure 5, the results of grading both groups in their ability to modify code, debug it and comprehend it. Figure 5 contains each group average grade for *Code Modification*, *Syntax Error Free*, and *Ease Of Learning*.

For **Code Modification**, the hybrid-group has an average of 64.30%, while the block-group has scored an average of 35.70%. Thus, students belonging to hybrid-group have experienced a higher ability in correctly modifying the code in the text-based environment, in comparison with the students of the block-group. Furthermore,

⁸All questions are in attached supplementary material

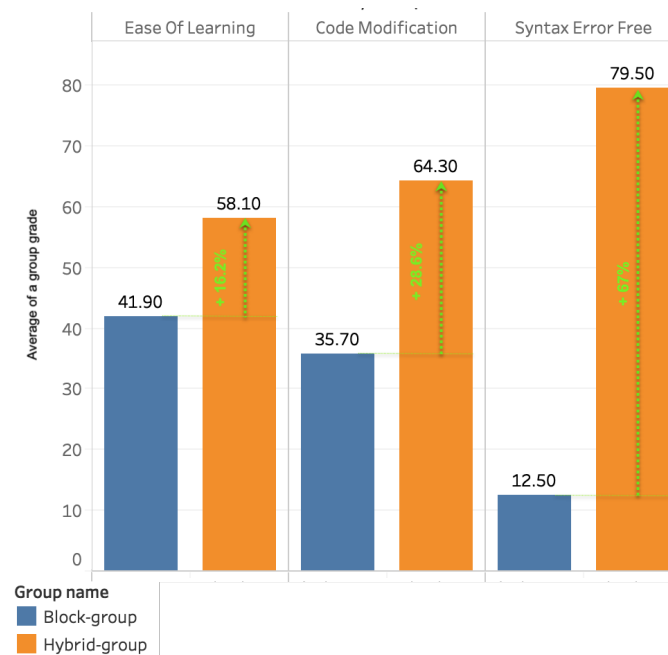


Figure 5: Performance of hybrid and block learning improvements (higher is better).

a Mann-Whitney U test, between the difference of grades between the two groups has shown significance (p -value ≤ 0.05). We note that, although block-based environments have various advantages in facilitating programming concepts, they do limit the learner’s early exposure to the actual source code, like in high-level programming languages [18], which hinders their ability to discover syntactic errors. This explains the difficulty experienced by the block-group in capturing logical errors. On the other hand, the hybrid environment facilitates the early interaction between beginners and the source code, in a way that allows updating their code from both, block and source code views.

For **Syntax Error Free**, we observe that students who learned through a block-based environment have a higher probability of producing syntax errors in the text-based environment, when compared with the hybrid-group students. As depicted in Figure 5, the hybrid-group has an average of 79.5% in writing instructions that are free of syntactic errors. However, the block-group’s has average of 12.5% in writing code that is free of syntactic errors. Also, the difference in the number of errors of each student, clustered by their group, is significant (p -value ≤ 0.05). These results highlight the importance of early raising the awareness of beginners to the syntactic nature of programming in general. Being inline with this concept, our proposed hybrid-based environment views the basic syntax properties as part of the translation from blocks to source code. For instance, students discover spacing in CoffeeScript, while they write their hybrid-based program.

As for **Ease Of Learning**, we note from Figure 5, that hybrid-group students score an average grade of 58.10%, while block-group students score an average grade of 41.90%. Also, we report the statistical significance of the difference between the two sets of grades

(p -value ≤ 0.05). Thus, we report that our hybrid-based environment improves the student’s learning by 16.2% in comparison with the block-based environment. More concretely, hybrid-group students can drop blocks of code without the need to memorize the commands. At same time, they repeatedly observe how the block is converted to its corresponding source code when they drop blocks from the toolbox to text-based view. Therefore, students in the block-group could only see blocks in their views and development area.

To summarize our findings, we observe that the hybrid-based environment has improved the students learning curve when migrating to the text based environment. Students using the hybrid-based environment are also able to effectively debug the code from seeded errors, outperforming students using the block-based environment by 28.6% on average. Furthermore, the percentage of students with source code with syntax errors is 67% less in the hybrid-group, in comparison with the block-based group. Finally, the hybrid-group outperforms the block-group in identifying the programming concepts by 16.2%

6.2 Results for RQ2. (Command Memorization)

When students, from both groups, are writing code in the text-based environment, hybrid-group has on average 54.5% (2.725/5) were students able to memorize programming commands while the block-group has an average of 45.5% (2.275/5) were students successful in memorizing programming commands. As a result, the hybrid-group is 9% (0.45/5) better than block-group in command memorization.

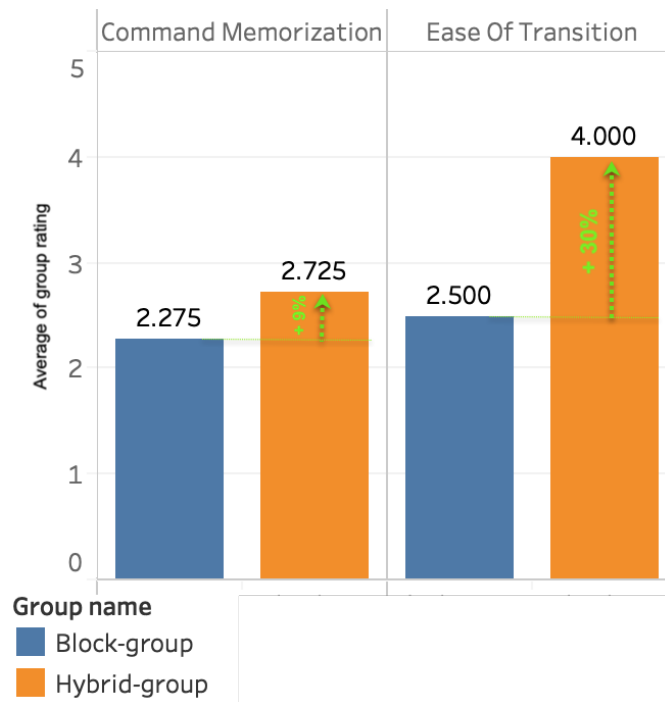


Figure 6: Survey results of hybrid and block learning improvements (higher is better).

Students in the hybrid-group were exposed to modifying commands, as part of their environment. Besides, they see every programming command as a block in the toolbox. As a result, seeing commands as blocks and being able to drop and change them, leads to a better grasp of the commands.

As a summary, learning in hybrid-based environment, increases confidence by average of 30% than the block-based environment, in the ease of the transition to in programming in text-based environment.

As a summary, learning in hybrid-based environment, increases memorization of programming commands by average of 9% more than the block-based environment.

6.3 Results for RQ3. (Ease Of Transition)

We found that the hybrid-group has a smoother transition to the text-based environment than the block-group, as shown in Figure 6. When students of both groups are writing code in the text-based environment, the hybrid group has an average of 80% (4/5) were students expressed noticeable ease of transition to text-based, by answering with "No, it looks familiar". While the block-group has an average of 50% (2.5/5) were students expressed ease of transition to text-based, as they have chosen the second answer. According to the survey results, hybrid-group is 30% (1.5/5) confident than block-group about programming in a text-based environment. Practically, students of the hybrid-group are in touch with the code while they learn how to program, in contrast with block-group students, who found the text-based environment to be new to them.

7 DISCUSSION

Although the raise of block/hybrid-based environments is primarily to support novice developers, there is an urgent need for researchers and practitioners to think about the evolution of such environment to match the challenges raised by the evolution of software [21, 22]. With the tremendous growth of software repositories, the cost of maintaining them is growing exponentially, due to various factors, including the fact that developers of typically trained to design and implement software from scratch, which what the educational environments typically offer. If we want to cope with maintenance costs and train developers who are ready to address the type of programming tasks, required to evolve existing software, research should also focus on designing methodologies to simplify existing software complex architectures.

The early exposure of novice developers to the typical maintenance activities would potentially help practitioners reduce cost-effectiveness and anticipate the levels of uncertainty developers face when maintaining large-scale software systems. Furthermore, there has been a recent growth in research profiling software maintainers through mining their activities in open source software projects. Understanding the nature of these code changes, e.g., bug

fixing and code refactoring [23–25], allows their incorporation, as potential features, in block/hybrid-based environments.

8 THREATS TO VALIDITY

Our study inherits threats that are related to studies of students and programming languages. First of all, the code examples were specific and may not necessarily be representative of all programming concepts. To mitigate this issue, we test students on the same concepts they have been exposed to, during the learning phase, besides relying on questions, used in previous studies [2], and both quantitative and qualitative analyses to enhance the accuracy of our observations.

Another threat is related to the random division of students into groups, in which we cannot guarantee a uniform distribution of learning skills. However, it is eventually challenging to estimate the programming learning skills of any student with no programming background. To reduce the bias in learning skills, we verified that the students have no learning background by checking their degrees and the courses they have taken in their academic career. Also, to reduce the sample bias, we have chosen students from different levels (freshman, sophomore, etc.), and belonging to various degrees, as long as they have no exposure to programming.

Another factor that may influence the observed results, is the lack of interest of some students during the testing phase, which may increase their proneness to errors. To reduce this risk, we only hired students who have expressed interest to learning programming and we also paid them \$60 upon the completion of their task along with extra \$40 for those who achieved no errors to motivate them. Also, we performed this study on a limited timeline. Results would be more accurate if the experiment is performed throughout a longer period to allow students with a slower learning curve to better capture the concepts.

9 CONCLUSION

In this paper, we present an educative approach in bridging the gap between block-based and text-based programming environments, through merging them in one hybrid environment. The qualitative analysis of our proposed approach as shown promising results in terms of improving students learning curve by an average of 30.16% (learning programming foundations improved by 16.2%, learning code modification improved by 28.6%, command memorization by 9%, error free code by 67%, and ease of transition by 30%), when compared to the block-based environment. Furthermore, our tool is open source for learning, replication, and extension purposes.

While the adoption of hybrid-based programming environments is intended to gradually introduce basic programming concepts into novice programmers, there is no clear cut to what extent the modeling of a more advanced concepts is feasible via such environments. As most existing studies focus on comparing between block-based and text-based programming environments [26–28], there is a need to incorporate block-based environments into such comparisons [16], and understand their impact on the student's cognitive load and learning outcomes.

In the future, we want to make learning easier with the hybrid-based PencilCode. By adding additional comments and hints when

blocks are being dragged and dropped. For example, Figure 7 shows a scenario, in which a "loopfi block is being dropped, a hint is shown a remainder to also drag and drop the "loop" content block. Adding hints and contextual guidelines enhances the programming environment and make it more interactive, especially when the user lacks the programming reflex, and needs to be guided into the identification of the next possible, compiler error-free blocks.

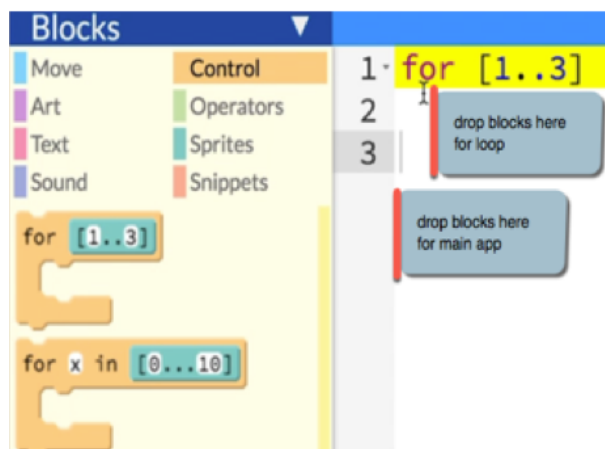


Figure 7: Dropping blocks in hybrid-based PencilCode, as a potential feature.

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